

# Seven Seas Jointcare Supplex



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

PROCTER & GAMBLE  
HEALTH

## Pack size

30, 60, 90

## RRP

£7.00, £13.83, £16.00

## Legal Status

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## Uses



## Format and Ingredients and %NRV

Content of 2 capsules:

Vitamin D 10µg 200, Vitamin E 2.8mg ?-TE 23, Vitamin C  
60mg 75, Manganese 0.6mg 30, Fish Oil 614mg, providing  
Omega-3 Nutrients 356mg, Of which EPA, and DHA 312mg,  
Glucosamine Sulphate 2KCl 480mg,



## Dosage

12 years and over: 2 capsules a day with a glass of cold  
water.