

Seven Seas Omega-3



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

30

RRP

£7.99

Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Vitamin D 10µg 200, Vitamin E 2mg ?-TE 17, Fish Oil 500mg,
DHA 100mg, providing Omega-3 Nutrients 300mg, of which
EPA 150mg,



Dosage

12 years and over: 1 capsule a day with a glass of water.