

Vicks First Defence Nasal Spray



Category

Cough, Colds and Sore
Throat

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

15ml

RRP

£7.65

Legal Status

MD

Uses

Traps, inactivates and helps body naturally remove the cold virus, before it develops into a full blown cold.

Format and Ingredients

Nasal spray for nasal irrigation

Dosage

Over 12 years: use at the first signs of a cold. Apply 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply.
Under 12 years: not suitable for use.