

# Rhynil Anti-snoring Spray for Nose and Mouth



## Category

Sleep and Travel

## Manufacturer

PRECISION  
HEALTHCARE

## Pack size

35ml

## RRP

£19.49

## Legal Status



## Uses

To help reduce the common causes of snoring (e.g. nasal stuffiness and palatal flutter).



## Format and Ingredients

Vanilla flavoured spray



## Dosage

Best used last thing at night and first thing in the morning. Spray twice into each nostril (closing the other nostril with a finger) and twice onto the roof of the mouth. Breathe in gently while spraying.