

# Nytol One-A-Night



## Category

Sleep and Travel

## Manufacturer

PERRIGO

## Pack size

20

## RRP

£8.19

## Legal Status

(P)



## Uses

An aid to the relief of temporary sleep disturbance.



## Format and Ingredients

Tablet containing:

Diphenhydramine Hydrochloride 50mg,



## Dosage

Over 16 years: 1 tablet with water, 20 minutes before going to bed. Under 16 years: not to be given.