

# Avomine 25mg Tablets



## Category

Sleep and Travel

## Manufacturer

MANX HEALTHCARE LTD

## Pack size

10, 28

## RRP

£2.78, £7.58

## Legal Status

(P), (P)

## Uses

Prevention and relief of travel sickness and general nausea and vomiting. Also for vertigo due to Meniere's syndrome, labyrinthitis and other causes.

## Format and Ingredients

Tablet containing:

Promethazine Teoclate 25mg,

## Dosage

Adults: Prevention of travel sickness on long journeys: take 1 tablet each night at bedtime starting the night before travel. Prevention of travel sickness on short journeys: take 1 tablet 1 or 2 hours before travel. Treatment of travel sickness: take 1 tablet as soon as sickness is felt followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, but can be taken two or three times per day if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Under 5 years: not recommended.