



## Nytol Herbal Tablets

### Uses

A traditional herbal medicinal product for use in the temporary relief of sleep disturbances in adults, exclusively based on long-standing use as a traditional remedy.

### Dosage

18 years and over: 2 tablets 1 hour before bed. Under 18 years: not suitable.

### Format and Ingredients

Tablet containing:  
Hop Strobile Extract 34mg, Valerian Root Extract 30.8mg,  
Passion Flower Herb Extract 18.2mg,

**Category:**  
Sleep and Travel

**Manufacturer:**  
PERRIGO

**Pack size:** 30

**RRP:** £6.89

**Legal Status:** (GSL)