

Counter Intelligence 10 2025 The training guide for pharmacy assistants





Nurofen Cold & Flu

Uses

Relief of symptoms of cold and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses.

Dosage

Over 12 years: 1-2 tablets with water, up to 3 times a day as required. Maximum 6 tablets in 24 hours. Leave at least 4 hours between doses. Under 12 years: not suitable.

Format and Ingredients

Tablet containing: Ibuprofen 200mg, Pseudoephedrine Hydrochloride 30mg,

Category: Cough, Colds and Sore Throat

Manufacturer: RECKITT

Pack size: 24

RRP: £6.99

Legal Status: (P)





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