



## Stérimar Hayfever & Allergy Relief

### Uses

Eliminates allergens by washing out nasal cavities. Prevents allergy symptoms (sneezing, runny noses and itching). Helps to reduce the number of acute allergic rhinitis episodes.

### Dosage

Adults and children 3 years and over: follow pack instructions and use 2-6 times a day for as long as needed, or as recommended by a doctor. Suitable for use during pregnancy and breastfeeding.

### Format and Ingredients

Nasal spray containing:  
100% natural sea water based solution (isotonic solution enriched with manganese),

**Category:**  
Allergies

**Manufacturer:**  
CHURCH & DWIGHT UK LTD

**Pack size:** 50ml

**RRP:** £4.99

**Legal Status:** MD