



## Stérimar Breathe Easy Daily

### Uses

Cleanses and eliminates impurities (e.g. dust, mucus and allergens). Helps to improve breathing to enhance quality of sleep and helps to prevent ear, nose and throat disorders by strengthening the nasal lining's defence. Helps to prevent colds by washing out nasal passages.

### Dosage

Adults and children 3 years and over: follow pack instructions and use 2-6 times a day for as long as needed, or as recommended by a doctor. Suitable for use during pregnancy and breastfeeding.

### Format and Ingredients

Nasal spray containing:  
100% natural sea water based solution (isotonic solution),

**Category:**  
Cough, Colds and Sore Throat

**Pack size:** 50ml, 100ml

**RRP:** £4.99, £7.99

**us:** MD, MD



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