

Lift Fast Acting Glucose Shot



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
VENTURE LIFE HEALTH
CARE LTD
Pack size
60ml
RRP
£1.25
Legal Status



Uses

Provides a quick boost of energy. Can be used before high energy sports, or to treat and prevent hypoglycaemia in diabetes.



Format and Ingredients

Drink containing:

Glucose 15g,



Dosage

Before sport: drink 30ml (half a shot) 10-15 minutes before any high energy activity that will last 30 mins or longer. For diabetes: drink one 60ml shot and wait 15 minutes before retesting blood glucose levels.