



Spatone Iron-Rich Water Natural

Uses

Daily iron supplement.

Dosage

Best taken with a juice high in vitamin C separate from other food or drink. Adults and children over 2 years: 1 sachet daily. Pregnant women: 2 sachets daily.

Format and Ingredients

Sachet containing:
Natural Iron-Rich Water, containing Iron 5mg 36,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
A NELSON & CO LTD

Pack size: 14 sachets

RRP: £9.99

Legal Status: