

Rescue Peaceful Night Capsules



Category

Vitamins, Minerals and
Nutritionals, Sleep and
Travel

Manufacturer

A NELSON & CO LTD

Pack size

30

RRP

£18.99

Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Ashwagandha Root Extract 50mg, equivalent to
Ashwagandha Root 600mg, Lemon Balm leaf extract 15mg,
equivalent to Lemon Balm leaves 45mg, Chamomile flower
extract 50mg, equivalent to Chamomile flowers 200mg,
Magnesium 56.5mg 15, Vitamin B6 1.4mg 100, Rescue night
flower essences,



Dosage

Over 12 years: 1 capsule before bedtime.