

Berocca Immuno Effervescent Tablets



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

BAYER PLC

Pack size

15, 30

RRP

£8.99, £15.59

Legal Status

,



Uses



Format and Ingredients and %NRV

Per effervescent tablet:

Vitamin C 1000mg 1250, Vitamin A 700µg RE 87.5, Vitamin D 10µg 200, Vitamin E 45mg α -TE 375, Vitamin B6 6.5mg 464, Vitamin B12 9.6µg 384, Folic Acid (vitamin B9) 400µg 200, Zinc 10mg 100, Iron 5mg 36, Copper 0.9mg 90, Selenium 110µg 200,



Dosage

12 years and over: 1 tablet a day dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not suitable for people with iron absorption or kidney problems, or for pregnant or breastfeeding women.