



# CanesMeno Night

## Uses

Designed to address the specific nutritional needs of menopausal women. Contains ashwagandha (Withania somnifera) extract, which supports the maintenance of normal sleep.

## Dosage

Adults: 1 tablet daily (preferably in the evening) with water. Not suitable for people with food allergies, a history of breast cancer, endometrial cancer or thyroid disorders. Not suitable during pregnancy or breastfeeding. Do not drive or operate machinery after taking this product. Those taking any medication or other food supplement or who have any medical condition should consult a healthcare professional before use.

## Format and Ingredients

Tablet containing:  
Vitamin B6 5mg 357, Magnesium 60mg 16, Ashwagandha (Withania somnifera) Root Extract 300mg, Hops (Humulus lupulus) Extract 50mg, providing 8-Prenylharingenin 0.1mg,

**Category:**  
Female Health and Genitourinary,  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
BAYER PLC

**Pack size:** 30

**RRP:** £16.99

**Legal Status:**