



Mintec

Uses

For the relief discomfort, pain and distension associated with irritable bowel syndrome.

Dosage

Adults: 1 capsule 3 times a day, preferably before meals with a small quantity of water, but not immediately after food. The capsules must not be broken or chewed. When symptoms are more severe, the dose may be increased to 2 capsules 3 times a day. The capsules should be taken until symptoms resolve, but may be continued for up to 2 to 3 months. Children: not recommended.

Format and Ingredients

Capsule containing:
Peppermint Oil 0.2ml,

Category:
Antacids and Gastrointestinal

Pack size: 84

RRP: £12.66

us: (GSL)



Communications International Group Ltd 2025,
Linen Hall, 162-168 Regent Street, London W1B 5TB