

Counter Intelligence PLUS | 2025 The training guide for pharmacy assistants





Vicks First Defence Nasal Spray

Uses

Helps the body to remove common cold viruses naturally, before they take hold. Suitable for adults and children 12 years and over.

Dosage

Over 12 years: 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply. Under 12 years: not suitable for use.

Format and Ingredients

Nasal spray

Category:

Cough, Colds and Sore Throat

Manufacturer:

PROCTER & GAMBLE HEALTH

Pack size: 15ml

RRP: £7.95

Legal Status: MD





