



## Pro Plus Focus

### Uses

### Dosage

16 years and over: 1 capsule (100mg caffeine) a day. Not recommended for children or pregnant women. Caffeine per day from all sources should not exceed 400mg.

### Format and Ingredients

Capsule containing:  
Vitamin B6 10mg 714, Vitamin B12 2.5µg 100, Caffeine 89mg, Guarana Seeds Extract 50mg, providing Caffeine 11mg, Ginseng Extract 40mg, Zinc 10mg 100,

**Category:**  
Tonics and Stimulants, Vitamins,  
Minerals and Nutritional

**Manufacturer:**  
G R LANE HEALTH PRODUCTS  
LTD

**Pack size:** 10

**RRP:** £7.99

**Legal Status:**