



## Vicks Vaporub Easy Applicator

### Uses

For symptomatic relief of nasal catarrh, congestion, sore throat, and cough due to colds.

### Dosage

Adults: rub liberally on the chest, throat and back. Rub in well over the whole area and leave nightclothes loose to allow vapours to be inhaled easily. Alternatively, melt 2 teaspoons in a bowl of very hot (not boiling) water and inhale the vapours for 10-15 minutes. Children over 2 years: apply a small amount on the chest and back. Rub gently and leave clothes loose for easy inhalation.

### Format and Ingredients

Ointment containing:

Levomenthol 2.75% w/w, Camphor 5.00% w/w, Eucalyptus Oil 1.50% w/w, Turpentine Oil 5.00% w/w,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
PROCTER & GAMBLE HEALTH

**Pack size:** 35g

**RRP:** £6.00

**Legal Status:** (GSL)