



## Fybogel Hi-Fibre Lemon

### Uses

For patients requiring a high fibre regimen: for example, for the relief of constipation, including constipation in pregnancy and the maintenance of regularity. Also for the management of bowel function in patients with haemorrhoids.

### Dosage

Over 12 years: contents of 1 sachet stirred into a glass of water morning and evening after meals. Children 6-12 years: half to 1 level 5ml spoonful stirred into water, depending on size and age, morning and evening. Under 6 years: only when prescribed by a doctor. Should be drunk as soon as it is mixed.

### Format and Ingredients

Sachet of lemon flavoured granules containing:  
Ispaghula Husk 3.5g,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
RECKITT

**Pack size:** 10, 30

**RRP:** £5.49, £11.99

**Legal Status:** (GSL), (GSL)