



Centrum MultiGummies Adults

Uses

Dosage

Adults: 2 gummies per day. Chew until fully dissolved.

Format and Ingredients

Per 2 gummies:

Vitamin A 660µg 82, Vitamin D 10µg 200, Vitamin E 10mg 83,
Vitamin C 80mg 100, Niacin 16mg 100, Vitamin B6 1.6mg
114, Vitamin B12 2.0µg 80, Biotin 24µg 48, Zinc 5.6mg 56,
Iodine 100µg 67,

Category:
Food supplements

Manufacturer:
HALEON PLC

Pack size: 30, 60

RRP: £7.55, £14.70

Legal Status: ,