Seven Seas Omega-3 Max Strength

Uses

Dosage

Adults and children over 12 years: For heart, brain, vision and immune system benefits: 1 capsule daily with a glass of cold water. For blood pressure benefits: 3 capsules daily with a glass of cold water.

Format and Ingredients

Capsule containing:
Fish Oil 1250mg, providing Omega-3 Nutrients 1063mg, of which EPA 688mg, DHA 313mg, Vitamin D 10µg 200,

Category:
Food supplements, Food supplements

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 30

RRP: £22.00

Legal Status:

Product data © Communications International Group

A division of GROUPE EUROCOM
PAGB
Communications International Group

Communications International Group Ltd 2026,
Linen Hall, 162-168 Regent Street, London W1B 5TB