

# Care Epsom Salts



## Category

Antacids and  
Gastrointestinal

## Manufacturer

THORNTON & ROSS LTD

## Pack size

300g

## RRP

£3.99

## Legal Status

(GSL)

## Uses

Relieves occasional constipation.

## Format and Ingredients

Crystals or crystalline powder containing:

Magnesium Sulfate Heptahydrate 100%,

## Dosage

Adults: one to three 5ml spoonfuls (5-15g) dissolved in 250ml of water as required. Elderly: use with caution not exceeding the adult dose. Children: not to be used.