

# Counter Intelligence PL The training guide for pharmacy assistants



## Happinose

#### Uses

For the symptomatic relief of nasal congestion associated with the common cold, catarrh, head colds and hay fever. Blow nose before application.

### Dosage

Adults: apply up to 1cm of ointment in and around each nostril, using the little finger, and inhale through the nose. Reapply every four hours or as required. Children 10 years and over: as for adults but use up to half a cm. Children aged 5-9 years old: use up to one quarter of a cm. Children under 5 years: not recommended.

#### Format and Ingredients

Ointment base containing: Levomenthol 0.3% w/w,

Category: Pack size: 14g Cough, Colds and Sore Throat **RRP:** £3.52 . - us: (GSL) A division of PAGE GROUPE Communications International Group Ltd 2025,

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