

Seven Seas Omega-3 & Immunity



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

30 + 30

RRP

£17.00

Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil 1000mg, Omega-3 Nutrients 300mg, DHA 100mg,
Tablet containing: Vitamin D 25µg 500, Vitamin C 250mg 313,
Zinc 10mg 100, Selenium 100µg 182, Copper 1000µg 100,
Ginger Root Extract 34.25mg, Turmeric extract (Curcuma
Longa L.) 10mg, equivalent to root (50:1) 500mg, Citrus
Bioflavonoids 25mg, Of which EPA 160mg,



Dosage

12 years and over: 1 tablet and 1 capsule a day with a glass
of cold water.