Seven Seas Omega-3 Extra Strength



Category

Vitamins, Minerals and **Nutritionals** Manufacturer PROCTER & GAMBLE

HEALTH

Pack size

30 RRP

£11.99 **Legal Status**





Format and Ingredients and %NRV

Capsule containing:

Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing Omega-3 Nutrients 750mg, of which EPA 375mg,



Dosage

12 years and over: 1 capsule a day with a glass of water.

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