

Rhynil Anti-snoring Spray for Nose and Mouth



Category
Sleep and Travel
Manufacturer
PRECISION
HEALTHCARE
Pack size
35ml
RRP
£19.49
Legal Status



Uses

To help reduce the common causes of snoring (e.g. nasal stuffiness and palatal flutter).



Format and Ingredients

Vanilla flavoured spray



Dosage

Best used last thing at night and first thing in the morning. Spray twice into each nostril (closing the other nostril with a finger) and twice onto the roof of the mouth. Breathe in gently while spraying.