



Boost Vitamin B12 Oral Spray

Uses

Dosage

4 sprays daily (or as directed by a healthcare practitioner).
Can be taken together or separately. Can be taken at any time of the day and does not need to be taken with food or water.

Format and Ingredients

Spray containing:
Vitamin B12 1200µg, Chromium 40µg, Green Tea Extract 0.5mg,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
BETTERYOU LTD

Pack size: 25ml

RRP: £12.45

Legal Status: