

Osteocare Liquid



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
VITABIOTICS LTD
Pack size
200ml, 500ml
RRP
£5.15, £12.45
Legal Status
,



Uses



Format and Ingredients and %NRV

Liquid containing per 10ml:

Vitamin D (as D3 400 IU) 10µg 200, Calcium 300mg 38,
Magnesium 150mg 40, Zinc 6mg 60,



Dosage

Adults: 2 teaspoonfuls twice daily. Pregnancy and breast-feeding: 2 teaspoonfuls twice daily. Children 3-12 years: 2 teaspoonfuls daily. Ideally taken with a main meal.