



# Kalms Rhodiola Tablets

## Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety. Based on traditional use only.

## Dosage

18 years and over: 1 tablet twice a day – 1 before breakfast and 1 before lunch. Under 18 years: not suitable.

## Format and Ingredients

Tablet containing:  
Rhodiola Rosea Root Extract 200mg (Rhodiola rosea L. rhizome and root),

**Category:**  
Sleep and Travel

**Manufacturer:**  
G R LANE HEALTH PRODUCTS  
LTD

**Pack size:** 20

**RRP:** £9.99

**Legal Status:** (GSL)



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