

# Pro Plus Fizz



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

G R LANE HEALTH  
PRODUCTS LTD

## Pack size

20

## RRP

£5.99

## Legal Status



## Uses



## Format and Ingredients and %NRV

Effervescent tablet containing:

Caffeine 100mg, Vitamin B2 (riboflavin) 2.8mg 200, Vitamin B6 2.8 200, Vitamin B12 5µg 200, Guarana Extract 30mg, providing Caffeine 3mg, Panax Ginseng Extract 30mg,



## Dosage

16 years and over: dissolve 1 tablet in 200ml water once a day. Do not exceed 400mg caffeine per day from all sources.