



# Lemsip Max Cold & Flu Capsules

## Uses

Relief of the symptoms of colds and flu, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.

## Dosage

16 years and over: 2 capsules every 4-6 hours. No more than 8 capsules (4 doses) in any 24 hours. Maximum 6 capsules (3 doses) if a night-time paracetamol-containing product is taken before bedtime. Under 16 years: not suitable.

## Format and Ingredients

Capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,

<b>Category:</b> Cough, Colds and Sore Throat	<b>Pack size:</b> 8, 16
<b>Manufacturer:</b> RECKITT	<b>RRP:</b> £3.19, £4.99
	<b>Legal Status:</b> (GSL), (GSL)