



Deep Heat Muscle Rescue Heat Spray

Uses

Provides targeted, warming relief to ease and soothe tight, tense muscles. Can also be used before and after exercise.

Dosage

Adults and children 12 years and over: shake well, hold the can 15cm from the skin and spray onto the desired area in 2-3 short bursts. Use as required. People experience warmth differently: apply sparingly on first application, reapplying after 15 minutes if a stronger effect is desired. Under 12 years: not recommended.

Format and Ingredients

Warming spray



