

Berocca Immuno Effervescent Tablets



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

BAYER PLC

Pack size

15, 30

RRP

£8.99, £15.59

Legal Status

,



Uses



Format and Ingredients and %NRV

Effervescent tablet containing:

Vitamin A 700µg RE 87.5, Vitamin D 10µg 200, Vitamin E 45mg α -TE 375, Vitamin B6 6.5mg 464, Folic Acid 400µg 200, Vitamin B12 9.6µg 384, Vitamin C 1000mg 1250, Iron 5mg 36, Copper 0.9mg 90, Zinc 10mg 100, Selenium 110µg 200,



Dosage

12 years and over: 1 tablet a day dissolved in a glass of water. Not suitable for people with iron absorption or kidney problems, or for pregnant or breastfeeding women. Under 12 years: not recommended.