



## Avomine 25mg Tablets

### Uses

Prevention and relief of travel sickness and general nausea and vomiting. Also for vertigo due to Meniere's syndrome, labyrinthitis and other causes.

### Dosage

Adults: Prevention of travel sickness on long journeys: 1 tablet to be taken each night at bedtime starting the night before travel. Prevention of travel sickness on short journeys: 1 tablet to be taken 1 or 2 hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt, followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, but can be taken 2 or 3 times daily if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Under 5 years: not recommended.

### Format and Ingredients

Tablet containing:  
Promethazine Teoclate 25mg,

**Category:**  
Sleep and Travel

**Manufacturer:**  
MANX HEALTHCARE LTD

**Pack size:** 10, 28

**RRP:** £2.78, £7.58

**Legal Status:** (P), (P)