



# Lemsip Max Day & Night Cold & Flu Relief Capsules

## Uses

For the relief of symptoms of colds and flu, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.

## Dosage

16 years and over: 2 Day capsules every 4 hours. Do not exceed 6 Day capsules (3 doses) during the day. 2 Night capsules to be taken at night if needed. Do not exceed 8 capsules in total in 24 hours. Under 16 years: not suitable.

## Format and Ingredients

Day capsule containing:Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg, Night capsule containing:Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 16

**RRP:** £6.19

**Legal Status:** (GSL)