

# Counter Intelligence The training guide for pharmacy assistants





# Lift Fast Acting Glucose Shot

#### Uses

Provides a quick boost of energy. Can be used before high energy sports, or to treat and prevent hypoglycaemia in diabetes.

## Dosage

For sports use: drink 30ml (half a shot) 10-15 minutes before any high energy activity that will last 30 mins or longer. To manage blood sugar levels in diabetes: drink one 60ml shot and wait 15 minutes before retesting blood glucose levels.

## **Format and Ingredients**

Drink containing: Glucose 15g,

Category: Pack size: 60ml Vitamins, Minerals and Nutritionals **RRP:** £1.25 • • -us: A division of PAGE GROUPE Communications International Group Ltd 2025, Linen Hall, 162-168 Regent Street, London W1B 5TB

