# Bassetts Vitamins Man 50+ Multivitamins & Multiminerals Orange & Lime

## Uses

## Dosage

Adults: 1 pastille daily.

## Format and Ingredients

Orange & lime flavoured pastille containing:
Vitamin A 800mcg RE 100, Thiamine (Vitamin B1) 0.33mg 30, Riboflavin (Vitamin B2) 1.4mg 100, Niacin (Vitamin B3) 2.4mg 15, Pantothenic Acid 6mg 100, Vitamin B6 1.4mg 100, Vitamin B12 2.5µg 100, Vitamin C 80mg 100, Vitamin D 15µg 300, Vitamin E 12mg ?-TE 100, Vitamin K 11.3µg 15, Biotin 50µg 100, Chromium 6µg 15, Copper 150µg 15, Folic Acid 200µg 100, Iodine 22.5µg 15, Iron 2.1mg 15, Manganese 0.3mg 15, Molybdenum 7.5µg 15, Selenium 27.5µg 50, Zinc 3mg 30,

**Category:**
Food supplements

**Manufacturer:**
ERNEST JACKSON & CO LTD

**Pack size:** 30

**RRP:** £12.00

**Legal Status:**

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PAGB
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