



## Nicotinell Medicated Chewing Gum

### Uses

Relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. Aids smokers wishing to quit or reduce prior to quitting, and assists smokers who are unwilling or unable to smoke. Can be used for quit attempts during pregnancy and breastfeeding. The 2mg gum is recommended for low to moderate nicotine dependency (less than 20 cigarettes a day). Smokers with moderate to strong dependency (20-30 cigarettes a day) may use the 2mg or 4mg gum and those with strong dependency (more than 30 cigarettes a day) should use the 4mg gum.

### Dosage

Over 18 years: chew 1 piece of gum when the urge to smoke is felt. No more than 1 gum per hour. Maximum: 24 pieces a day. Normally, treatment should continue for at least 3 months. After 3 months, users should gradually cut down the number of pieces chewed each day until they have stopped using the product. Nicotine gum should not be used for more than 12 months unless the potential benefit outweighs the potential risk. Children and adolescents 12-17 years: dosage as for adults, but medical advice should be obtained if the gum is required for longer than 12 weeks. Under 12 years: not recommended.

### Format and Ingredients

Chewing gum containing:  
Nicotine Polacrillin, providing Nicotine 2mg or 4mg,

Category:

Pack size: 2mg Mint: 24,