NiQuitin Mini 4mg Lozenges

Uses

For the treatment of tobacco dependence by relief of nicotine withdrawal symptoms and cravings. Should preferably be used in conjunction with behavioural support. Available in Mint and Citrus flavours.

Dosage

Adults 18 years and over who smoke more than 20 cigarettes a day: Abrupt cessation: use whenever there is an urge to smoke. Sufficient lozenges should be used each day, usually 8-12. Continue for up to 6 weeks to break the habit of smoking then gradually reduce. When daily use is 1-2 lozenges, use should be stopped. A healthcare professional should be consulted if having difficulty discontinuing lozenges. Gradual cessation: use a lozenge whenever there is a strong urge to smoke in order to reduce the number of cigarettes smoked, then start on the schedule for abrupt cessation. If reduction in cigarette consumption has not been achieved after 6 weeks, a healthcare professional should be consulted. Reduction in smoking: use a lozenge whenever there is a strong urge to smoke to reduce the number of cigarettes as far as possible. Temporary abstinence: use a lozenge every 1-2 hours to control withdrawal symptoms. Professional advice should be sought if unable to make a permanent quit attempt after 6 months. Maximum 15 lozenges a day. The lozenge should be moved from one side of the mouth to the other until completely dissolved (about 10 minutes). Do not chew or swallow whole. Adolescents (12-17 years): follow schedule of treatment for abrupt cessation, for up to 10 weeks and only following advice from a healthcare professional. Under 12 years: not recommended.

Format and Ingredients

Lozenge containing:
Nicotine 4mg,

PERRIGO

Pack size: 3 x 20, 5 x 20

RRP: £16.99, £23.99

Legal Status: (GSL), (GSL)

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