



# Ispagel Orange

## Uses

A bulk-forming laxative drink for relief of constipation.

## Dosage

Adults, elderly and children over 12 years: 1 sachet added to 150ml cold water in the morning and evening, or as prescribed, preferably after meals. Do not take the last dose immediately before going to sleep. Under 12 years: not to be used.

## Format and Ingredients

Sachet containing:  
Ispaghula Husk 3.5g,

**Category:**  
Antacids and Gastrointestinal

**Pack size:** 30

**Manufacturer:**  
BRISTOL LABORATORIES LTD

**RRP:** £5.19

**Legal Status:** (GSL)