



## Nurofen Cold & Flu

### Uses

For relief of symptoms of colds and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses.

### Dosage

Over 12 years: 1-2 tablets with water, up to 3 times a day as required. Maximum 6 tablets in 24 hours. Leave at least 4 hours between doses. Under 12 years: not suitable.

### Format and Ingredients

Tablet containing:  
Ibuprofen 200mg, Pseudoephedrine Hydrochloride 30mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 24

**RRP:** £6.99

**Legal Status:** (P)