# Happinose

## Uses

For symptomatic relief of nasal congestion associated with colds, catarrh and hay fever. Blow nose before application.

## Dosage

Adults: apply up to 1cm of ointment in and around each nostril, using the little finger, and inhale through the nose. Re-apply every 4 hours or as required. Children 10 years and over: as for adults but use up to 0.5cm. Children 5-9 years: use up to 0.25cm. Children under 5 years: not recommended.

## Format and Ingredients

Ointment containing:
Levomenthol 0.3% w/w,

**Category:**
Upper respiratory tract conditions

**Manufacturer:**
DIOMED DEVELOPMENTS LTD

**Pack size:** 14g

**RRP:** £4.00

**Legal Status:** (GSL)

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