Wellwoman Perimenopause

Uses

Dosage

1 tablet per day with a main meal on a full stomach.

Format and Ingredients

Per tablet:
Soya Isoflavone Extract 20mg, Ashwagandha Extract 25mg, equivalent to Ashwagandha 250mg, Green Tea Extract 50mg, Beta-carotene 1mg, Vitamin D (as D3 800 IU) 20µg 400, Vitamin E 30mg ?-TE 250, Vitamin K 75µg 100, Vitamin C 60mg 75, Thiamin (Vitamin B1) 10mg 909, Riboflavin (Vitamin B2) 5mg 357, Niacin (Vitamin B3) 36mg NE 225, Vitamin B6 10mg 714, Folic Acid 400µg 200, Vitamin B12 25µg 1000, Biotin 50µg 100, Pantothenic Acid 12mg 200, Magnesium 100mg 27, Iron 10mg 71, Zinc 15mg 150, Copper 1.5mg 150, Manganese 2mg 100, Selenium 100µg 182, Chromium 50µg 125, Iodine 150µg 100,

Category:
Food supplements, Women’s health

Manufacturer:
VITABIOTICS LTD

Pack size: 30

RRP: £9.95

Legal Status:

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