



## Pro Plus

### Uses

### Dosage

Over 16 years: 2 tablets (providing 100mg caffeine) with water. Do not exceed recommended dose. Do not take more than 400mg of caffeine per day, including caffeine from food and drink. Not recommended for children under 16 years or during pregnancy and breastfeeding.

### Format and Ingredients

Tablet containing:  
Caffeine Anhydrous 50mg,

**Category:**  
Tonics and Stimulants

**Manufacturer:**  
G R LANE HEALTH PRODUCTS  
LTD

**Pack size:** 24, 48

**RRP:** £3.33, £5.59

**Legal Status:** ,