



## Pro Plus Fizz Hydration

### Uses

### Dosage

1 tablet dissolved in 500ml water, once per day. Stir and consume immediately.

### Format and Ingredients

Effervescent tablet containing:  
Potassium 300mg 15, Chloride 120mg 15, Calcium 120mg 15, Magnesium 56.25mg 15, Sodium 135mg, Caffeine 75mg,

**Category:**

Tonics and Stimulants, Vitamins,  
Minerals and Nutritional

**Manufacturer:**

G R LANE HEALTH PRODUCTS  
LTD

**Pack size:** 20

**RRP:** £5.99

**Legal Status:**