Centrum Women

Uses

Dosage

Adult women: 1 tablet daily with water, preferably with food.
Not suitable for use during pregnancy or breastfeeding.

Format and Ingredients

Tablet containing:
Vitamin A 667µg 83, Vitamin E 16mg 133, Vitamin C 80mg 100, Vitamin K 24.5µg 33, Vitamin B1 (Thiamine) 1.32mg 120, Vitamin B2 (Riboflavin) 2.1mg 150, Vitamin B6 2.1mg 150, Vitamin B12 3µg 120, Vitamin D 10µg 200, Biotin 62.5µg 125, Folic Acid 300µg 150, Niacin 16mg 100, Pantothenic Acid 7.5mg 125, Calcium 320mg 40, Phosphorus 105mg 15, Magnesium 100mg 27, Iron 10mg 71, Iodine 100µg 67, Copper 0.5mg 50, Chromium 40µg 100, Molybdenum 50µg 100, Selenium 30µg 55, Zinc 5mg 50,

Category:
Food supplements

Manufacturer:
HALEON PLC

Pack size: 30, 60

RRP: £7.50, £13.00

Legal Status: ,

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