Centrum Men

Uses

Dosage

Adult men: 1 tablet daily with water.

Format and Ingredients

Tablet containing:
Vitamin A 800µg 100, Vitamin E 24mg 200, Vitamin C 80mg 100, Vitamin K 30µg 40, Vitamin B1 (Thiamine) 1.8mg 164, Vitamin B2 (Riboflavin) 2.1mg 150, Vitamin B6 2.1mg 150, Vitamin B12 3µg 120, Vitamin D 10µg 200, Biotin 62.5µg 125, Folic Acid 200µg 100, Niacin 20mg 125, Pantothenic Acid 7.5mg 125, Calcium 200mg 25, Phosphorus 105mg 15, Magnesium 120mg 32, Iron 3.75mg 27, Iodine 100µg 67, Copper 500µg 50, Chromium 40µg 100, Molybdenum 50µg 100, Selenium 30µg 55, Zinc 5mg 50,

Category:
Food supplements

Manufacturer:
HALEON PLC

Pack size: 30, 60

RRP: £7.50, £13.00

Legal Status: ,

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