Seven Seas Omega-3

Uses

Dosage

1 capsule a day with a glass of water.

Format and Ingredients

Capsule containing:
Vitamin D 10µg 200, Vitamin E 2mg ?-TE 17, Fish Oil 500mg, DHA 100mg, providing Omega-3 Nutrients 300mg, of which EPA 150mg,

Category:
Food supplements, Food supplements

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 30

RRP: £9.50

Legal Status:

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